

7.2 Best Practices

Describe at least two institutional best practices

Upload details of two best practices successfully implemented by the institution as per NAAC format in your institution website, provide the link

1)

I. Title of practice: social welfare practice of free blood group typing & Blood donation camps.

II. Aim & Objective:

1. To encourage students to being better human beings and being responsible citizens, to sensitize students and to inculcate humanitarian and ethical values.
2. To encourage people to donate blood voluntarily without compensation
3. To raise awareness that individuals can save lives and improve the health of others by donating blood.
4. To support the operation of safe and reliable blood services which aids in reducing child mortality, improving the health of pregnant woman, fighting against diseases cancer, AIDS, Malaria/Dengue etc.

III. Context:

The accurate grouping of blood is important during blood transfusion. If the transfused blood doesn't match the recipient's blood, it leads to clumping of blood inside the body which leads to immediate death.

Blood typing is the test which determines the blood group of an individual, and it is essential when one is in need of blood transfusion or planning to donate blood, hence it is vital to know the blood group.

Along with saving lives, there are a number of reasons why donating blood is important. A single blood donation can save three lives. One blood donation provides different blood components than can help up to three different people.

Blood is needed every 2 seconds. Nearly more than 20 million people are transfused with blood every year in India.

As donated blood gets screened after donation, one can get to know if there is any disease or disorders in the physiology.

Blood donation gives life and keeps the donor healthy; rejuvenate the blood cells, helps in weight reduction, increased life span.

Blood donation is one of the most significant contributions that a person can make towards the society and it is also the sign of humanity that unites people irrespective of caste creed religion.

We organize free blood group typing in rural / sub rural areas and free blood donation on the campus on regular basis. We also have Memorandum of understanding with the KLE's Blood Bank to organize blood camps and awareness camps/activities.

IV. Challenges faced:

Ignorance, fear and lack of voluntary blood donation were the major constraints especially in the students.

Providing proper moralization of the safety involved and basics to be able to donate the blood and the need for blood donation in the society were the challenges faced.

V. Evidence of success:

The numbers of donor volunteers have subsequently increased during the years.

To conclude blood donation appreciates the blood donors for their contributions towards the society.

2)

I. Title of the practice: Regular campus cleaning by the students and staff on every Saturday.

II. Aim and objective: For a long time it has been an important part of our institutions to teach our children from young age, virtues such as cleaning-up after themselves, discipline and sensitivity/responsibility about the surroundings. When such ideal practices are habituated the ideal root characters of the young minds are strengthened to become responsible citizens.

III. Context:

Students have a mass clean up session on every Saturday for an hour before dismissal in our institutions. These processes aim to make them respect their surroundings and refrain from making a mess as they will be the ones cleaning them.

It also puts all students regardless of social status or wealth on an equal footing. For a long time it has been an important part of our institutions to teach our children from young age, virtues such as cleaning-up after themselves, discipline and sensitivity/responsibility about the surroundings . When such ideal practices are habituated the ideal root characters of the young minds are strengthened to become responsible citizens.

IV. Challenges faced:

To self motivate and the students to habituate the practice regularly are the only challenge that occurred.

V. Evidence of success:

These kind of habits have changed the way the students behave and move about. They are more conscious about their surroundings and maintain tidiness, which has in turn created sound atmosphere.